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STUDY HABITS OF PUNJAB AND HARYANA ADOLESCENTS IN RELATION TO THEIR HOME ENVIRONMENT

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ABSTRACT

The present study was to find out the relationship between study habits and home environment of 200 Punjab and Haryana adolescents. Survey method of investigation was employed. The findings of the study showed that no significant correlation was obtained between study habits and home environment of Punjab adolescents. Significant correlation was obtained between study habits and home environment of Haryana adolescents. Also, no significant difference was obtained between study habits of Punjab and Haryana adolescents.

KEYWORDS

Study Habits:

The study habits of learner mean the ability to schedule his time, the plan of his study, habits of concentration, note taking, mental review, over learning, the judicious application of whole and part method, massed and distributed learning and so on. In the process of learning, habitual ways of exercising and practicing the abilities for learning, the pattern of the behaviour adopted by students in the pursuit of their studies is considered under the caption of their study habits.

Home Environment:

Home Environment is the environment provided to the child by the members of his family. This home environment sets the stage for the development of many important personality characteristics of the child by providing various experiences within the home. The home environment serves as the first socializing agent for the child and he learns what he is and what his parents and siblings expect of him. Home environment provides the place for the development of various features of character of the individual.

INTRODUCTION

In the field of education, today the main problem is the continuous increase in the number of failure students. There are many reasons behind their increasing rate but one of the main reasons is the poor study habits. As it has been aptly remarked 'personality is clothed in habits and habits are the garments of the soul'. Proper study habits inculcated during academic years have lasting value that is carried over to their later life. The healthy habits, so developed, help the individual to surpass the limits circumscribed by his intelligence and thus bringing him into category of

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good achievers. Home environment is the most important factor which affects the study habits of a child as a child spends his most of the time at home. If the parents want to provide facilitative environment conducive to the proper development of the children, they should provide such a home environment which helps in the overall best development of good study habits of the children. Thus, home environment plays an important role in developing good study habits along with the other traits of the personality of the child.

Mishra, B.C. (2005) found a significant relationship between study habits and achievement of secondary school students. Also there is a significant difference between boys and girls in relation to their study habits.

Sharma, S.R. (2005) found that school plays a significant role in the development of proper study habits among students.

Yip, M. & Chung, O. (2005) found a significant relationship between the study strategies and academic performance among higher education students.

Barry, J. (2006) showed that there exists a significant relationship between the study habits along with the socio-economic status to the academic achievements of secondary school students.

Husain, A. (2006) in his study found a significant effect of guidance services on study attitudes, study habits and academic achievement of secondary school students.

Kaur (2006) studied the effect of parental encouragement on study habits of senior secondary school students and found that there exists a significant positive relationship between the parental encouragement and study habits of senior secondary school students.

Crede, M. (2008) found that there are various factors which affects the study habits of adolescents. Also, the proper study habits should be developed at the initial stages of life for academic achievements at later stages.

Nauhi, E. et. al. (2008) revealed that there exists a significant relationship between study habits and academic achievement of students of kerman University of Medical Sciences.

Nuthana, P. (2009) in his study found a significant relationship between study habits and academic achievement of secondary school students.

Sawar, M. (2009) in his study revealed that the high achievers had better study areas and study habits than the low achievers.

Kumar, A. (2010) through his study revealed that academic achievement, study habits and adjustment of secondary school students are highly related to working or non working status of their mothers.

Awang, G. &Sinnadurai, S.K. (2011) found that proper study orientation skills are required for the academic excellence.

Rama, S. &Kausar, R. (2011) found that many students fail in their studies, not due to the lack of ability, but because they do not have adequate study habits.

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Singh, Y. (2011) studied the academic achievement in relation to study habits of higher secondary school students and found a positive relationship between them.

Basher, I. &Mattoo, M. (2012) found a significant relationship between study habits and academic performance of adolescents.

Chaudhary, N.K. (2013) showed that there exists a significant relationship between study habits and academic achievement of general and scheduled caste students. Also, there exists a significant difference between the study habits and academic achievement of general and scheduled caste students.

Mendezabal, M. (2013) found that unfavourable study habits and low attitude of the students contribute to their low performance in exams.

Saiahi&Maiyo (2015) found that there exists a positive relationship between study habits and academic achievements.

Bickerdike, A. (2016) found that active use of social networking contributes to poor study habits.

METHODOLOGY

The present study is a survey type in nature. Here the data has been collected personally from the students. The method applied is of descriptive type. Purposive sampling method was used to select the schools.

SAMPLE

A sample of 200 adolescents belonging to 9th grade of was taken. The students were selected from both Punjab and Haryana schools.

OBJECTIVE

• To Study the Study Habits in relation to home environment among adolescents.

HYPOTHESIS

- There is a significant relationship between study habits and home environment of Punjab adolescents.
- There is a significant relationship between study habits and home environment of Haryana adolescents.
- There is a significant difference between the study habits of Punjab and Haryana adolescents.
- There is a significant difference between the home environment of Punjab and Haryana adolescents.

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TOOLS USED

- Study Habit Inventory by Lajwanti, Chandel & Paliwal (2013)
- Home Environment Inventory by Mishra (1989)

RESULTS AND DISCUSSIONS

Coefficient of correlation between Study habits and home environment of Punjab adolescents (N=100)

Sr. no.	Variable	'r' value	Significance
1	Study habits and home environment	0.082	Insignificant

Coefficient of correlation between study habits and home environment of Haryana adolescents (N=100).

Sr. no.	Variable	'r' value	significance
1	Study Habits and home environment	0.074	Insignificant

^{&#}x27;t' value of Study Habits between Punjab and Haryana adolescents

Sr. no.	Group	't' value	significance
1	Punjab and Haryana	1.54	Insignificant

^{&#}x27;t' value of Home Environment between Punjab and Haryana adolescents

Sr. no.	Group	't' value	significance
1	Punjab and Haryana	0.480	Insignificant

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CONCLUSIONS

• Coefficient of correlation between Study habits and home environment of Punjab adolescents was Insignificant. Therefore **hypothesis no. 1** i.e. There is a significant relationship between study habits and home environment of Punjab adolescents, is **rejected**.

- Coefficient of correlation between study habits and home environment of Haryana adolescents was not significant. Therefore **hypothesis no. 2** i.e. There is a significant relationship study habits and home environment of Haryana adolescents, is **rejected**.
- t value of study habits between Punjab and Haryana adolescents was not significant. Therefore **hypothesis no. 3**i.e. there is a significant difference between study habits of Punjab and Haryana adolescents, is **rejected**.
- t value of home environment between Punjab and Haryana adolescents was not significant. Therefore **hypothesis no. 4** i.e. There is a significant difference between home environment of Punjab and Haryana adolescents, is **rejected**.

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